



**FOR IMMEDIATE RELEASE**

Contact:  
Michelle Surkamp, Sr. Marketing Coordinator  
Welsh Companies, 952.897.7763  
[msurkamp@welshco.com](mailto:msurkamp@welshco.com)

## **WELSH COMPANIES RECOGNIZED FOR CREATING HEALTHY WORK ENVIRONMENT**

**Minnetonka, MN (June 11, 2009)** Welsh Companies, a leading full-service commercial real estate company headquartered in the Twin Cities, has been honored with a Gold Wellness by Design Worksite Award from Hennepin County.

Welsh promotes and fosters a worksite culture that supports employees' health and well-being by providing a wide range of activities, events and educational opportunities for all employees. The company was recognized for providing access to walking paths, a full-service cafeteria, fitness and shower facilities, and for providing health-risk assessments free of charge for employees. Additional services offered include on-site yoga and certified massage.

"We are committed to creating a workplace that allows employees to do their best work every day," said Rhonda Allen, Director of Operations and Vice President of Human Resources. "Our health and wellness initiatives promote team camaraderie and contribute to the bottom line. It's a win for employees and for the company."

Sponsored by Hennepin County Human Services and Public Health Department, Wellness by Design Awards are presented to organizations that promote safe and healthy lifestyles. Winning organizations have a wellness infrastructure in place and provide supportive environments for developing lifelong, healthy behaviors. The awards are presented in three levels: gold, silver and bronze. In 2009, Hennepin County honored 60

worksites and 21 schools. For more information on the Wellness by Design Award, visit [www.hennepin.us](http://www.hennepin.us) and search “Wellness by Design”.

### **About Welsh**

Welsh is a full-service commercial real estate company headquartered in the Twin Cities with regional offices in Minneapolis and St. Paul; Chicago, Illinois; St. Louis, Missouri; Detroit, Michigan; and Cincinnati, Ohio. The Welsh organization consists of more than 300 professionals whose expertise extends into every aspect of commercial real estate including office, industrial, retail, multifamily, land and investment brokerage, corporate services, property management, facility management, construction, architecture, development, financing and investment services. The brokerage division, NAI Welsh, is an affiliate of NAI Global, a multinational network of skilled commercial real estate professionals strategically located in 325 markets worldwide. To learn more about Welsh, go to [www.welshco.com](http://www.welshco.com).

###